

Undivided

+

fastt



Are you **BUSY?**

...but could use some tips around behavior support for your child?

Try the **free FASTT text line.**

You'll get advice about your child's behavior from early childhood support coaches. The service is free as part of a research study to test this program for families of neurodivergent kids.



You can text as little or as much as you want, and you can pause and come back when you have time. The most asked for topics include:

- Behavior - help your child participate in activities for their safety and health.
- Managing emotions - support your child in developing healthy ways to deal with frustration, anger, and other big emotions.
- Social skills - provide small steps toward skills that promote socialization and interactions.

If you're a California resident with a child 10 years old or younger, sign up at:

www.undivided.io/fastt

